Challenges in coaching of tomorrow players

Miguel Crespo (ITF)

GOAL OF THE PRESENTATION:

REFLECTION

THE GAME

THE PLAYERS

Wilson
MORE WIN.
THE TRAINING

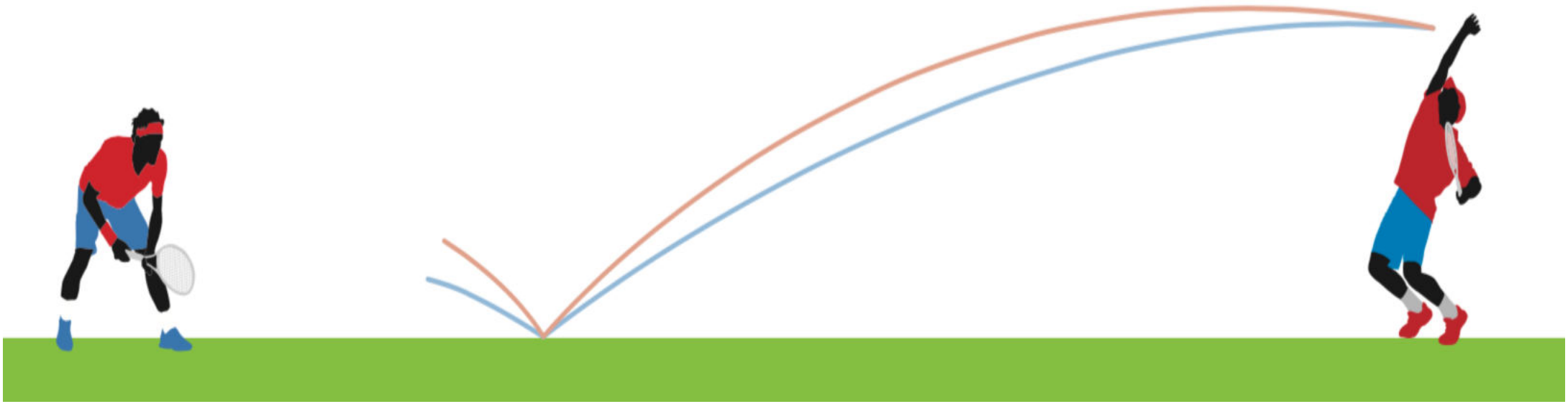
THE COACHES

ITF Regional Coaches Conference by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

THE GAME



ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

INCREASED GLOBALIZATION OF TENNIS

GILBERT & RANGEON (2011)

ITF Regional Coaches Conference
by BNP Paribas

2016

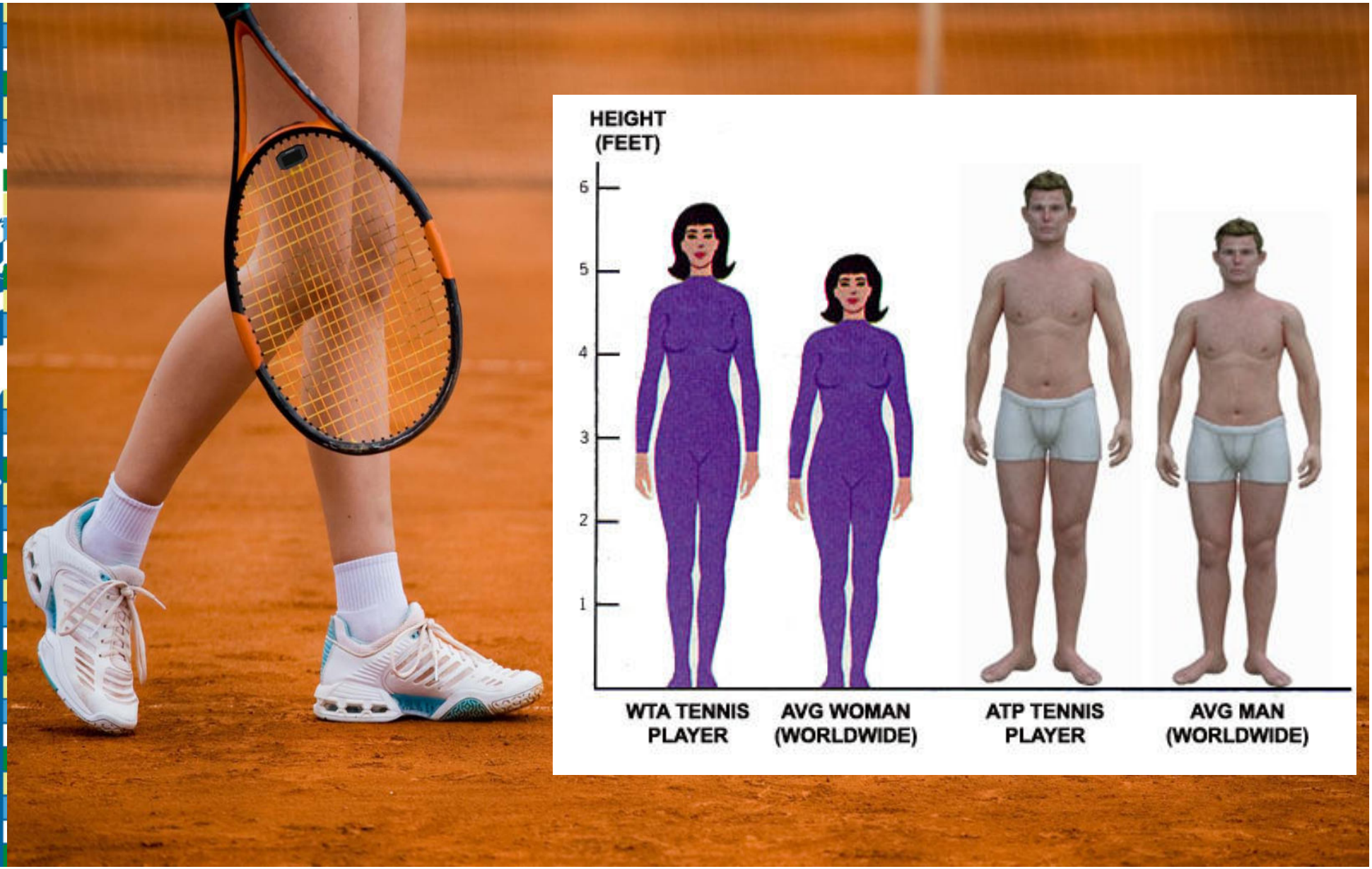
BNP PARIBAS
The bank for a changing world

POWER GAME

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world



ITF Regional Coaches Conference

by BNP Paribas

2016

BNP PARIBAS

The bank for a changing world

ATHLETICISM

ITF Regional Coaches Conference
by BNP Paribas

TOUGHNESS

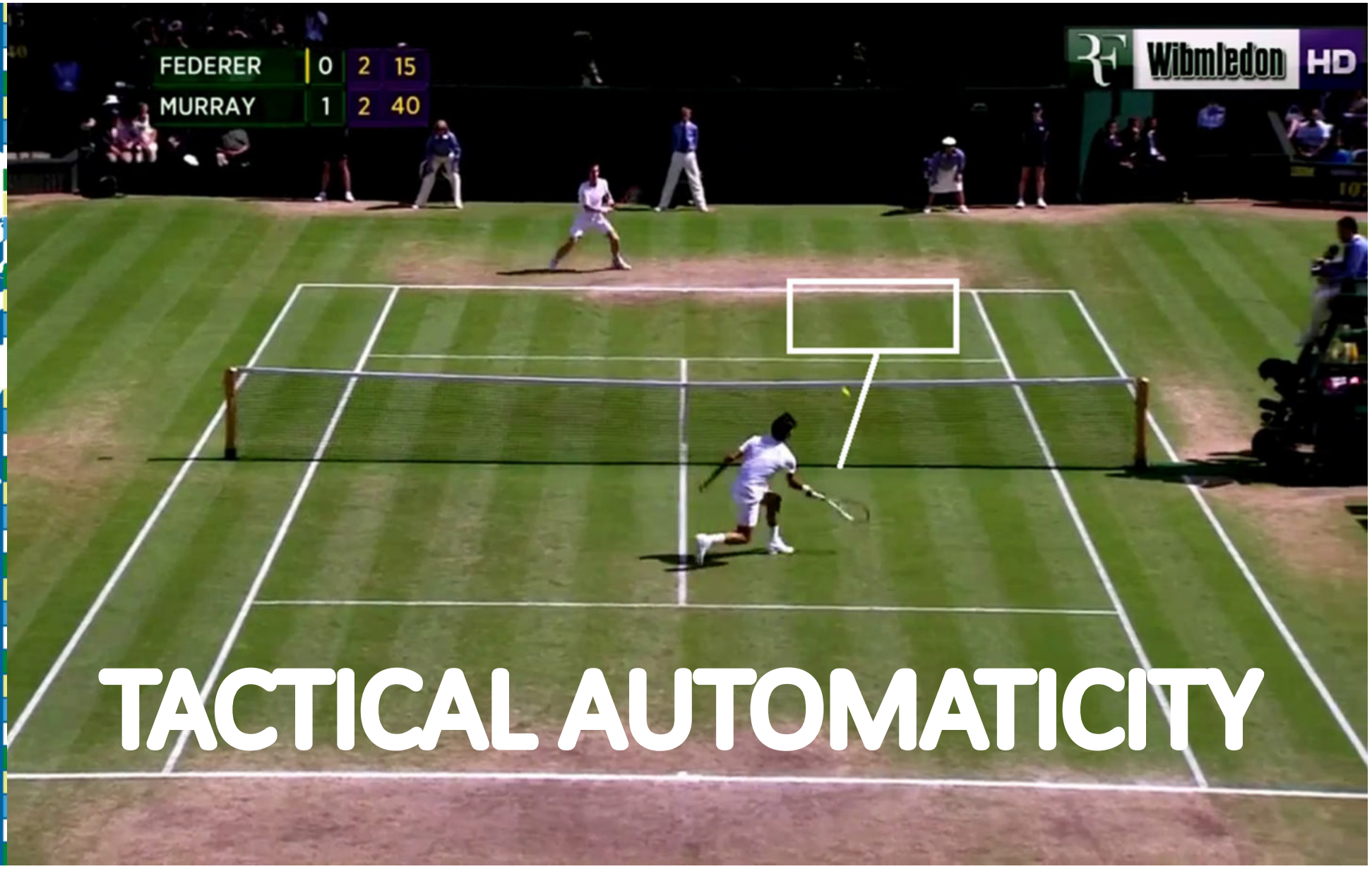
2016

BNP PARIBAS
The bank for a changing world

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world



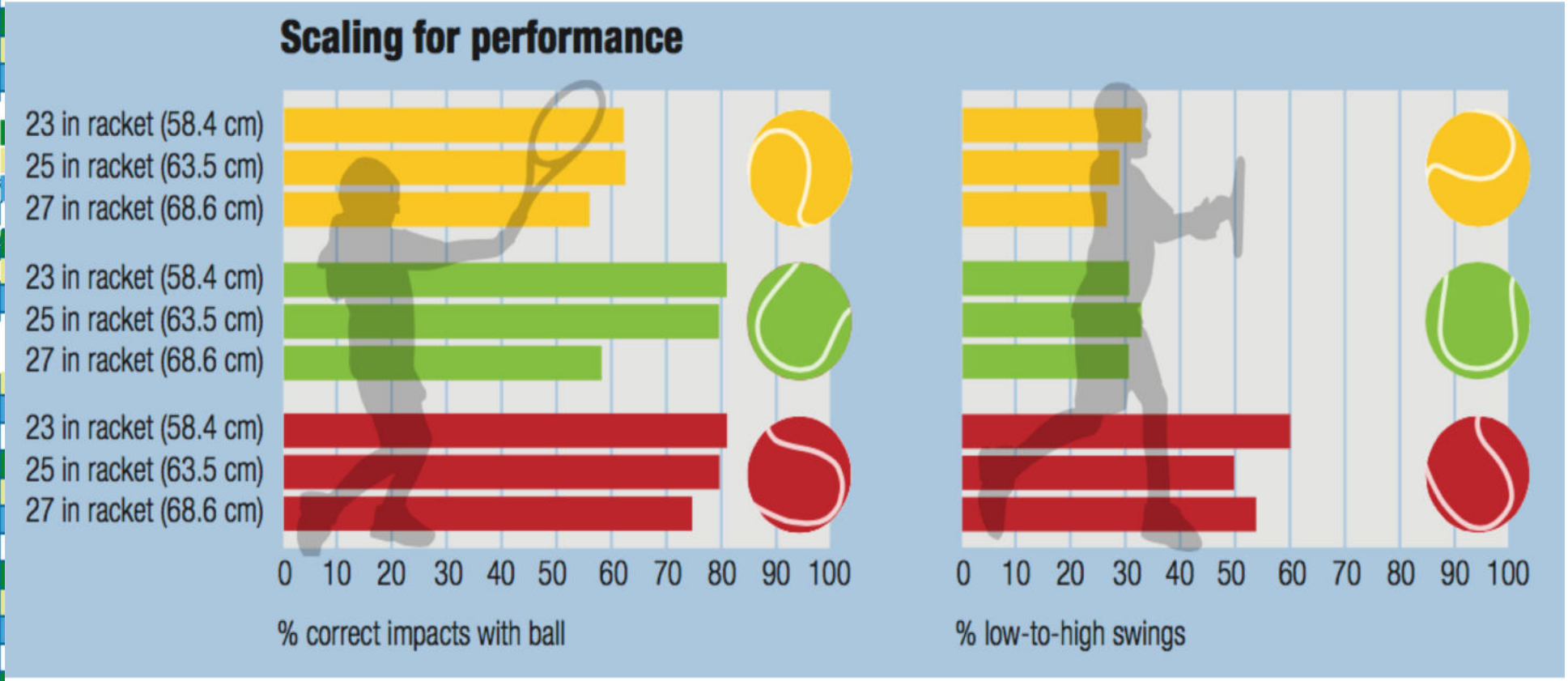
TACTICAL AUTOMATICITY

RESULTS

MORE & BETTER PLAYERS

GOAL #2 | INCREASE PARTICIPATION

PLAY+STAY
SERVE·RALLY·SCORE



ADAPTING THE GAME

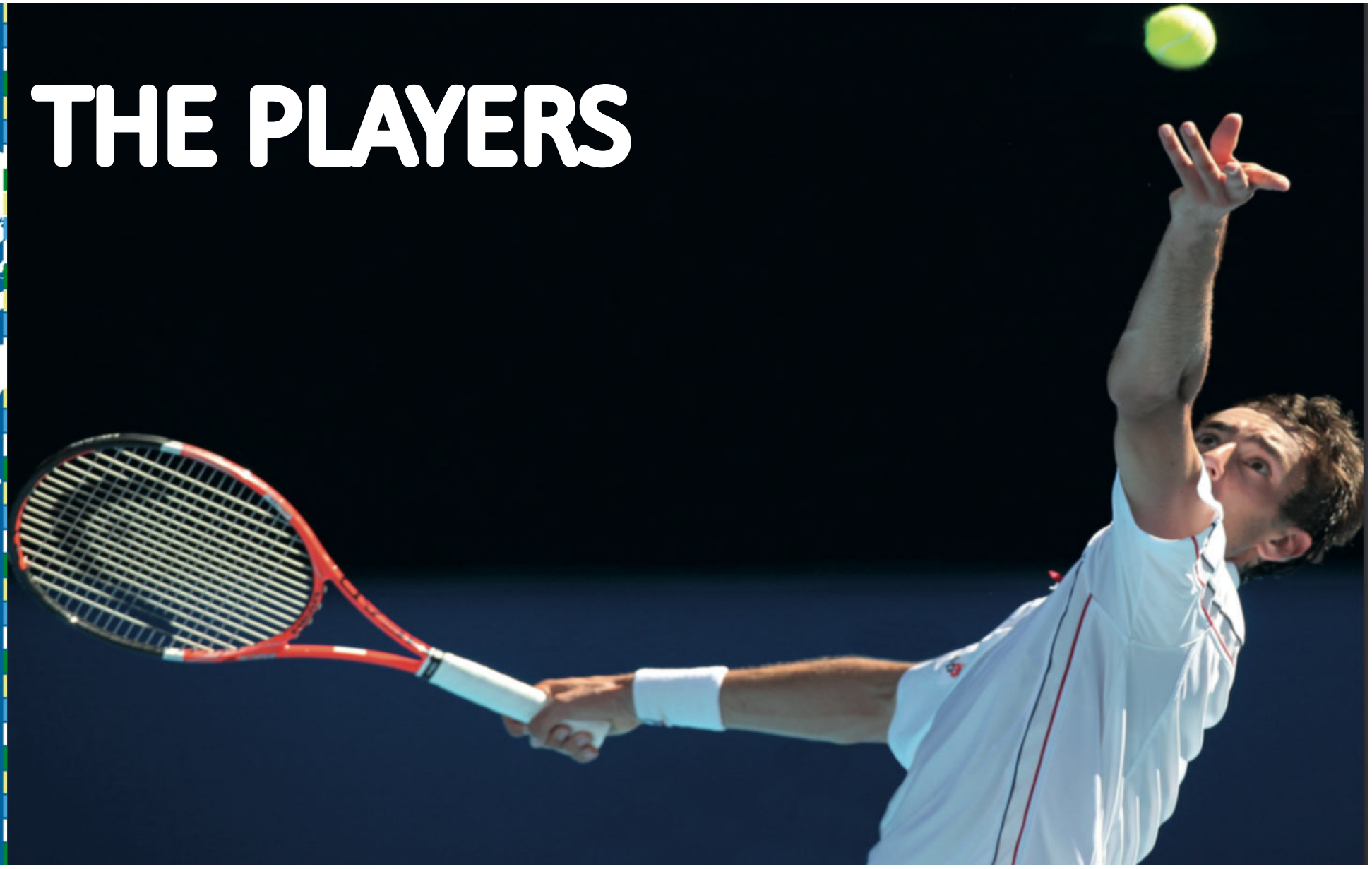
THE VALUES OF TENNIS

ITF Regional Coaches Conference
by BNP Paribas

THE PLAYERS

2016

BNP PARIBAS
The bank for a changing world



PATHWAY

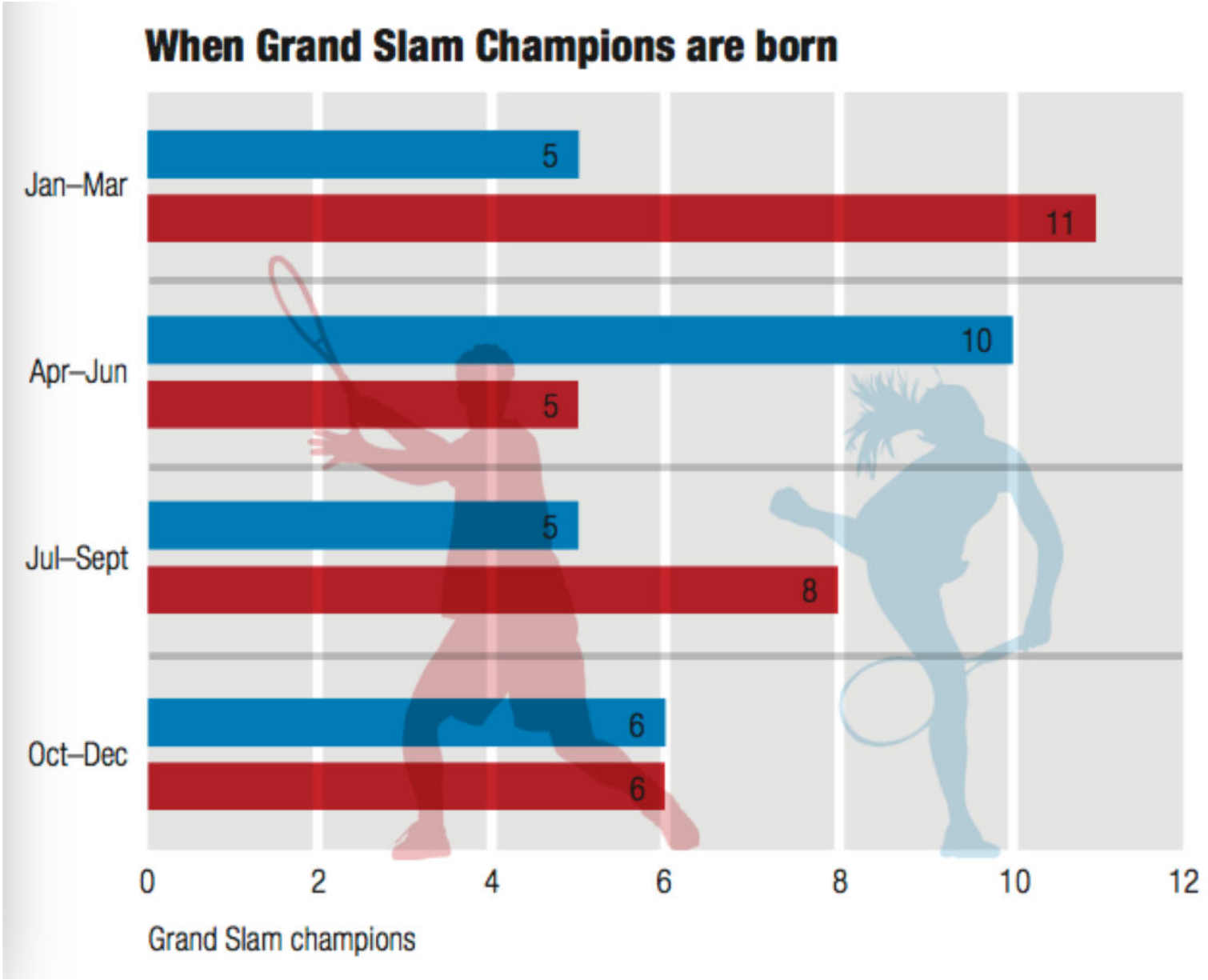
French Open junior champions

Year won	Player Male	Senior ranking
1980	Henri Leconte	5
1981	Mats Wilander	1
1982	Tarik Benhabiles	22
1983	Stefan Edberg	1
1984	Kent Carlsson	6
1985	Jaime Yzaga	18
1986	Guillermo Pérez Roldán	31
1987	Guillermo Pérez Roldán	13
1988	Nicholas Pereira	74
1989	Fabrice Santoro	17
1990	Andrea Gaudenzi	18
1991	Andriy Medvedev	4
1992	Andrei Pavel	13
1993	Roberto Carretero	58
1994	Jacobo Díaz	68
1995	Mariano Zabaleta	21
1996	Alberto Martín	34
1997	Daniel Elsner	92
1998	Fernando González	5
1999	Guillermo Coria	3
2000	Paul-Henri Mathieu	12

Year won	Player Female	Senior ranking
1980	Kathy Horvath	10
1981	Bonnie Gadusek	8
1982	Manuela Maleeva	3
1983	Pascale Paradis	20
1984	Gabriela Sabatini	3
1985	Laura Garrone	32
1986	Patricia Tarabini	12
1987	Natasha Zvereva	5
1988	Julie Halard	7
1989	Jennifer Capriati	1
1990	Magdalena Maleeva	4
1991	Anna Smashnova	15
1992	Rossana de los Ríos	51
1993	Martina Hingis	1
1994	Martina Hingis	1
1995	Amélie Cocheteux	55
1996	Amélie Mauresmo	1
1997	Justine Henin	1
1998	Nadia Petrova	3
1999	Lourdes Domínguez Lino	40
2000	Virginie Razzano	16

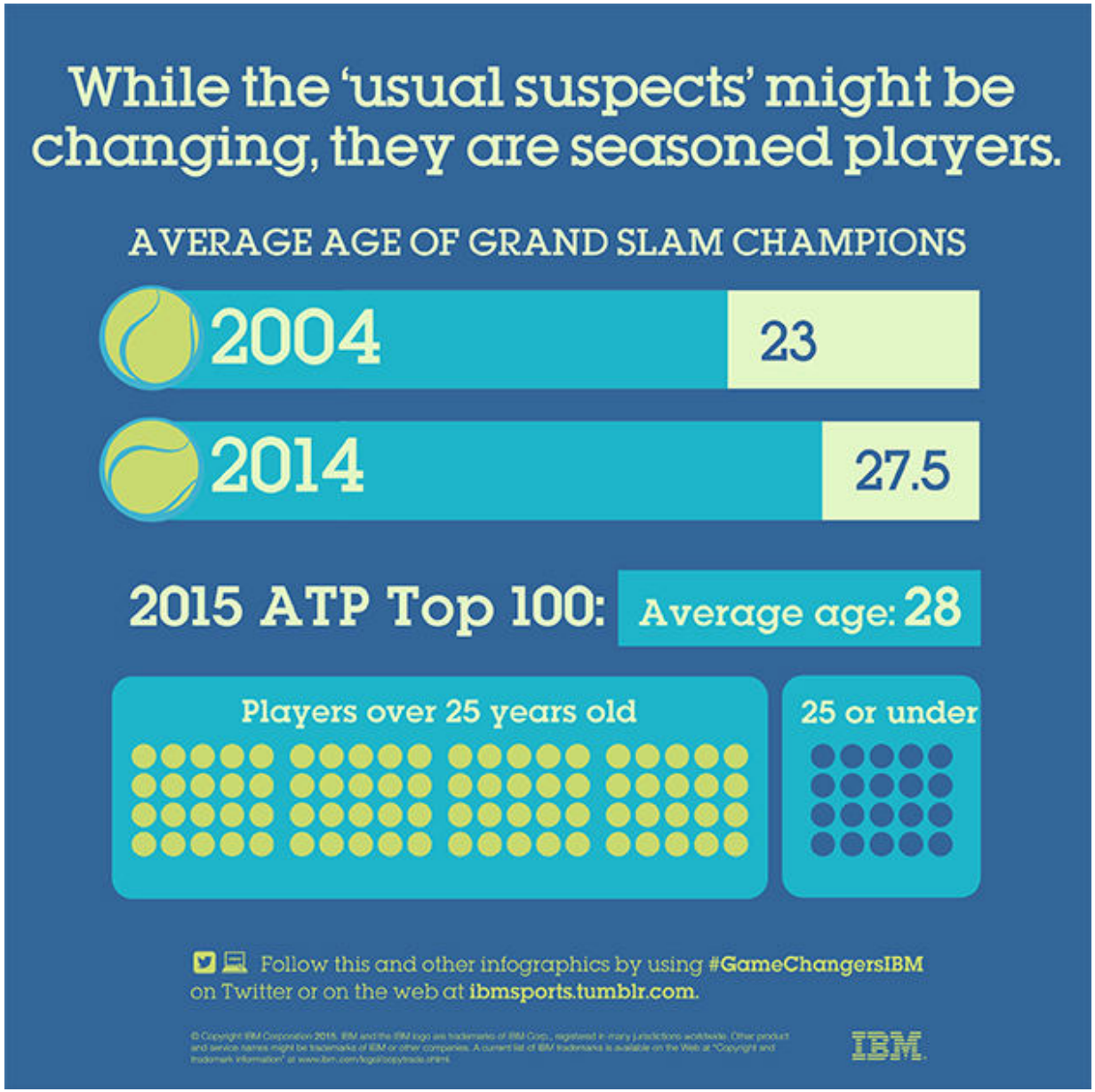
ITF Regional
Coaches Conference
by BNP Paribas
2016
BNP PARIBAS
The bank for a changing world

BIRTH


When Grand Slam Champions are born
Jan–Mar
5
11
Apr–Jun
10
5
Jul–Sept
5
8
Oct–Dec
6
6
0
2
4
6
8
10
12
Grand Slam champions

ITF Regional Coaches Conference
by BNP Paribas
2016
BNP PARIBAS
The bank for a changing world

A G E


While the 'usual suspects' might be changing, they are seasoned players.
AVERAGE AGE OF GRAND SLAM CHAMPIONS
2004
23
2014
27.5
2015 ATP Top 100:
Average age: 28
Players over 25 years old
25 or under
Follow this and other infographics by using #GameChangersIBM on Twitter or on the web at ibmsports.tumblr.com.
IBM

TRANSITION

Men	Djokovic	Nadal	Federer	Wawrinka	Murray	Ferrer
Age when first ranked	16.1	15.3	16.1	16.5	16.2	18.0
Ranking after 4 years on Tour	3	2	12	62	14	67
Time taken to transition to the Top 100 (years)	1.99	1.57	1.99	3.58	2.20	2.30

Women	Ivanovic	Sharapova	Halep	Kvitová	Wozniacki	Na
Age when first ranked	16.0	14.9	16.6	15.6	15.6	18.2
Ranking after 4 years on Tour	4	4	69	31	4	273
Time taken to transition to the Top 100 (years)	1.03	1.24	3.16	1.52	1.36	4.48

INJURY PREVENTION

W. Ben Kibler M.D.
Medical Director
Shoulder Center of Kentucky
Kentucky, USA
Contact: wkibler@aol.com

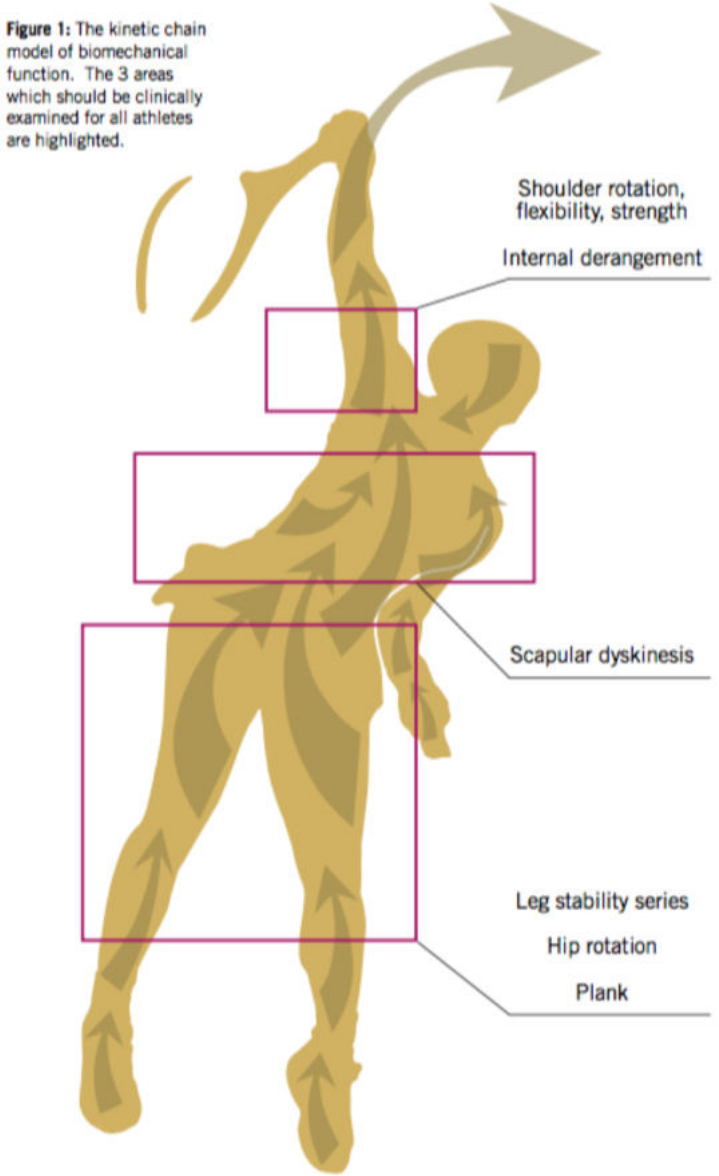


Figure 1: The kinetic chain model of biomechanical function. The 3 areas which should be clinically examined for all athletes are highlighted.

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

INTANGIBLES

ITF Regional Coaches Conference
by BNP Paribas

2016

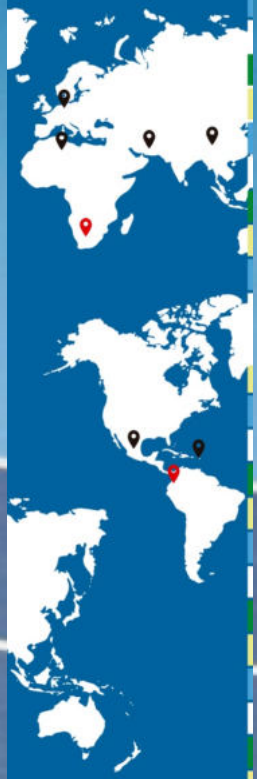
BNP PARIBAS
The bank for a changing world

ABILITY TO LEARN FAST

ABILITY
TO
CONSTANTLY
IMPROVE
ITF Regional
Coaches Conference
by BNP Paribas
2016
BNP PARIBAS
The bank for a changing world

ABILITY TO ADAPT

ITF Regional Coaches Conference
by BNP Paribas



2016

BNP PARIBAS
The bank for a changing world

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

THE TRAINING

ITF Regional Coaches Conference by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

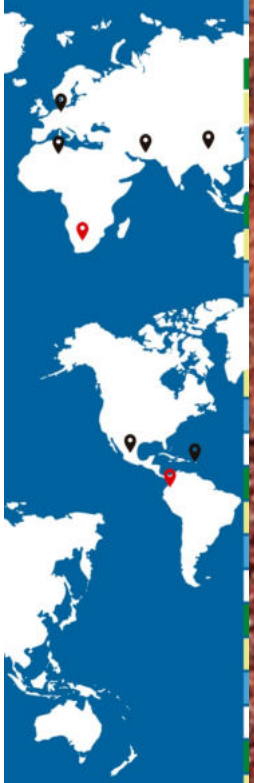
ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

PLAYER CENTERED APPROACH

ITF Regional Coaches Conference
by BNP Paribas

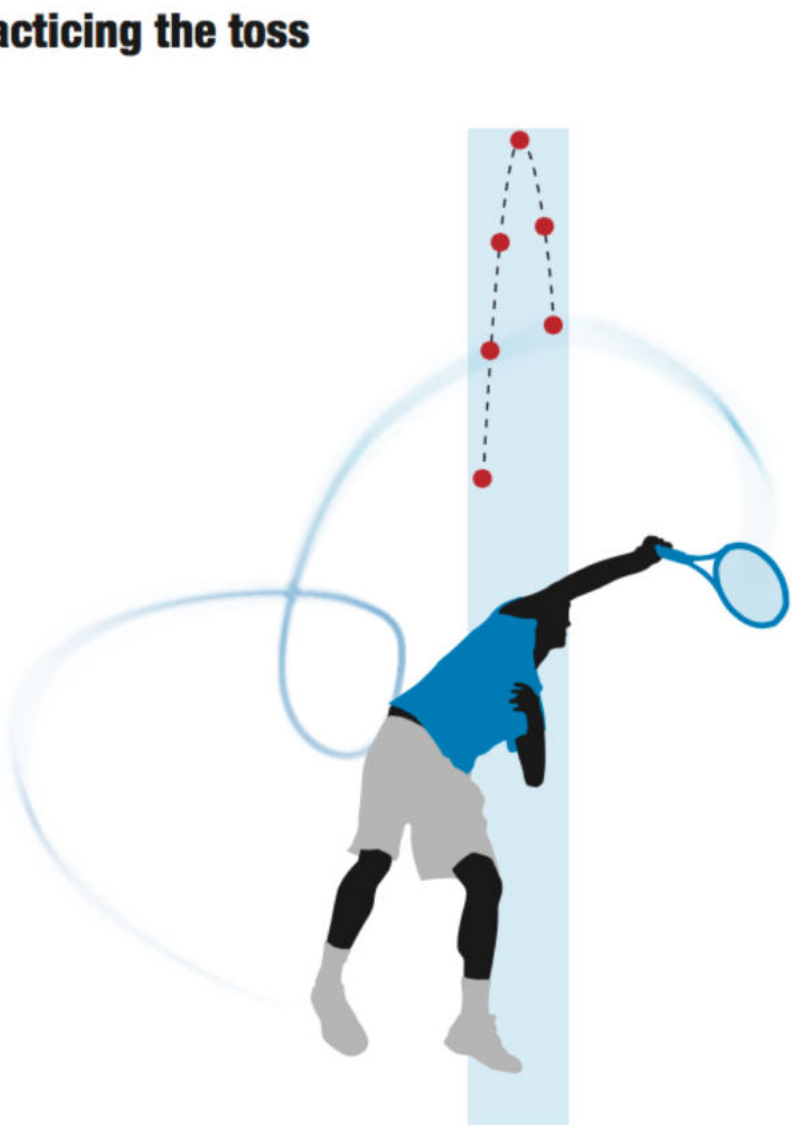


2016

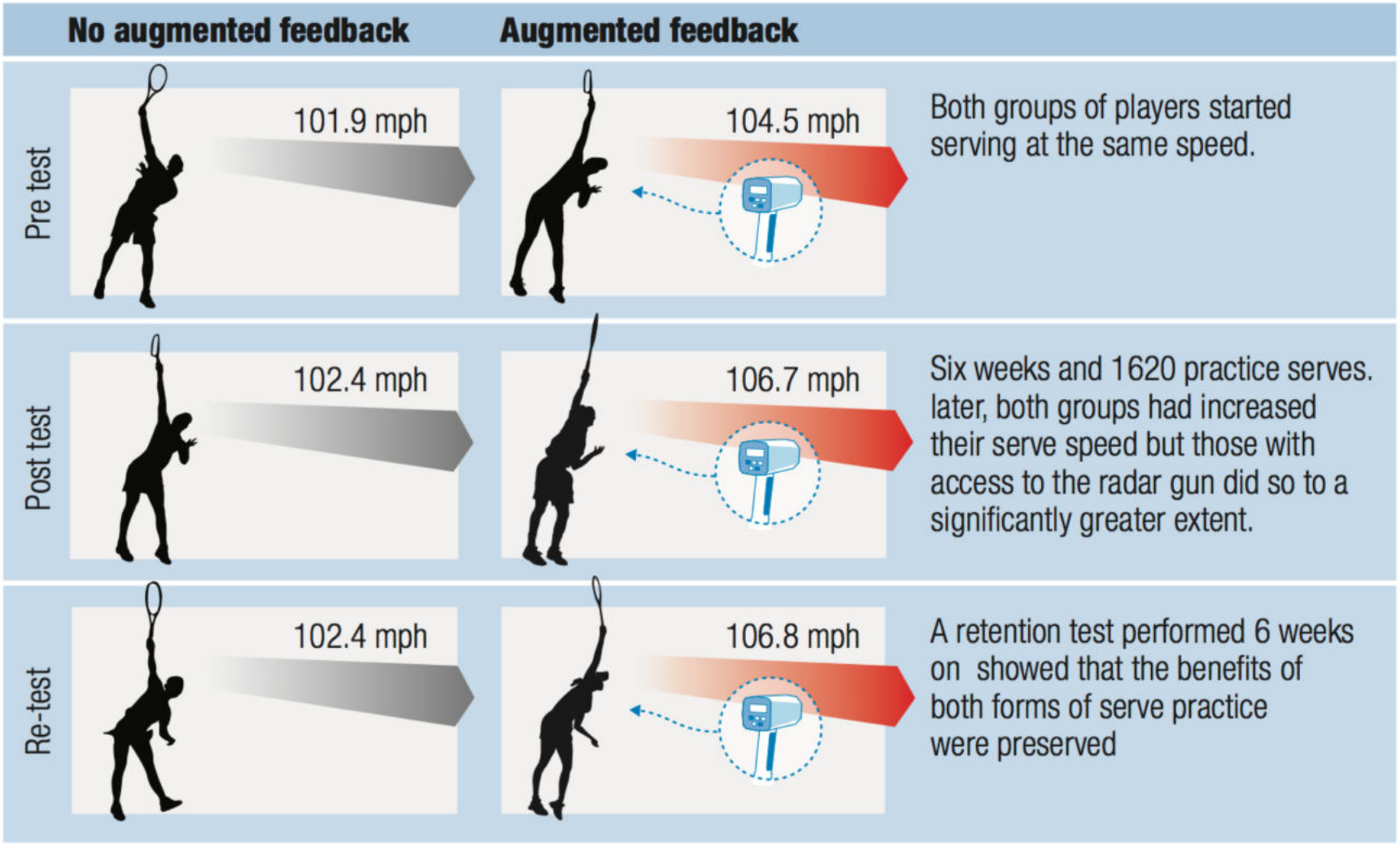
BNP PARIBAS
The bank for a changing world

TEACHING FOR UNDERSTANDING

TEACHING METHODS



ITF Regional
Coaches Conference
by BNP Paribas
2016
BNP PARIBAS
The bank for a changing world


No augmented feedback
Augmented feedback
Pre test
101.9 mph
104.5 mph
Both groups of players started serving at the same speed.
Post test
102.4 mph
106.7 mph
Six weeks and 1620 practice serves. later, both groups had increased their serve speed but those with access to the radar gun did so to a significantly greater extent.
Re-test
102.4 mph
106.8 mph
A retention test performed 6 weeks on showed that the benefits of both forms of serve practice were preserved

FEEDBACK

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

ARE YOU READY FOR PAT?

Player Analysis Technology

NEW RULE IN 2014
Is your PAT approved?

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

THE COACHES

THE COACH AS A FACILITATOR

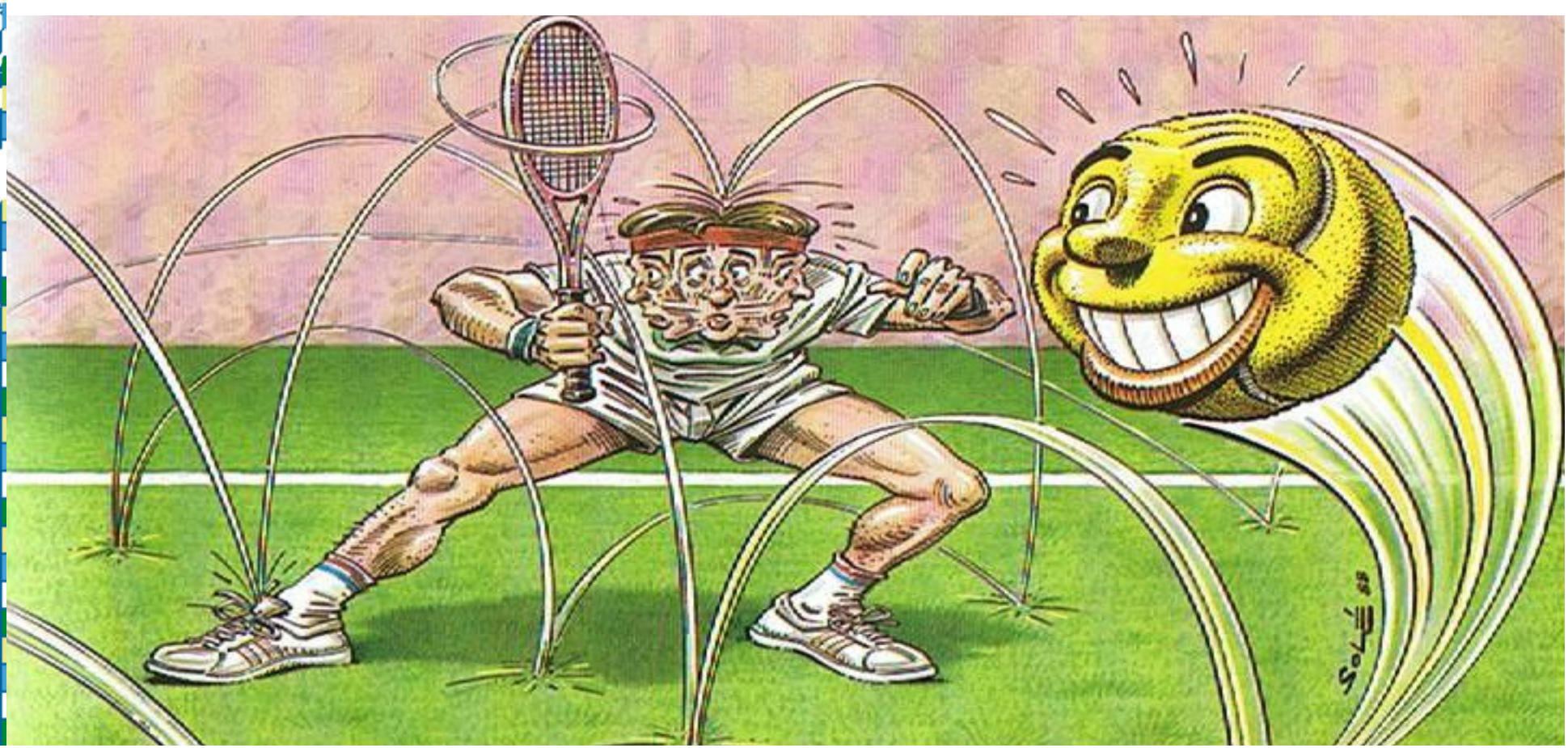
SOCIAL SUPPORT

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

COMPLEX NATURE OF COACHING



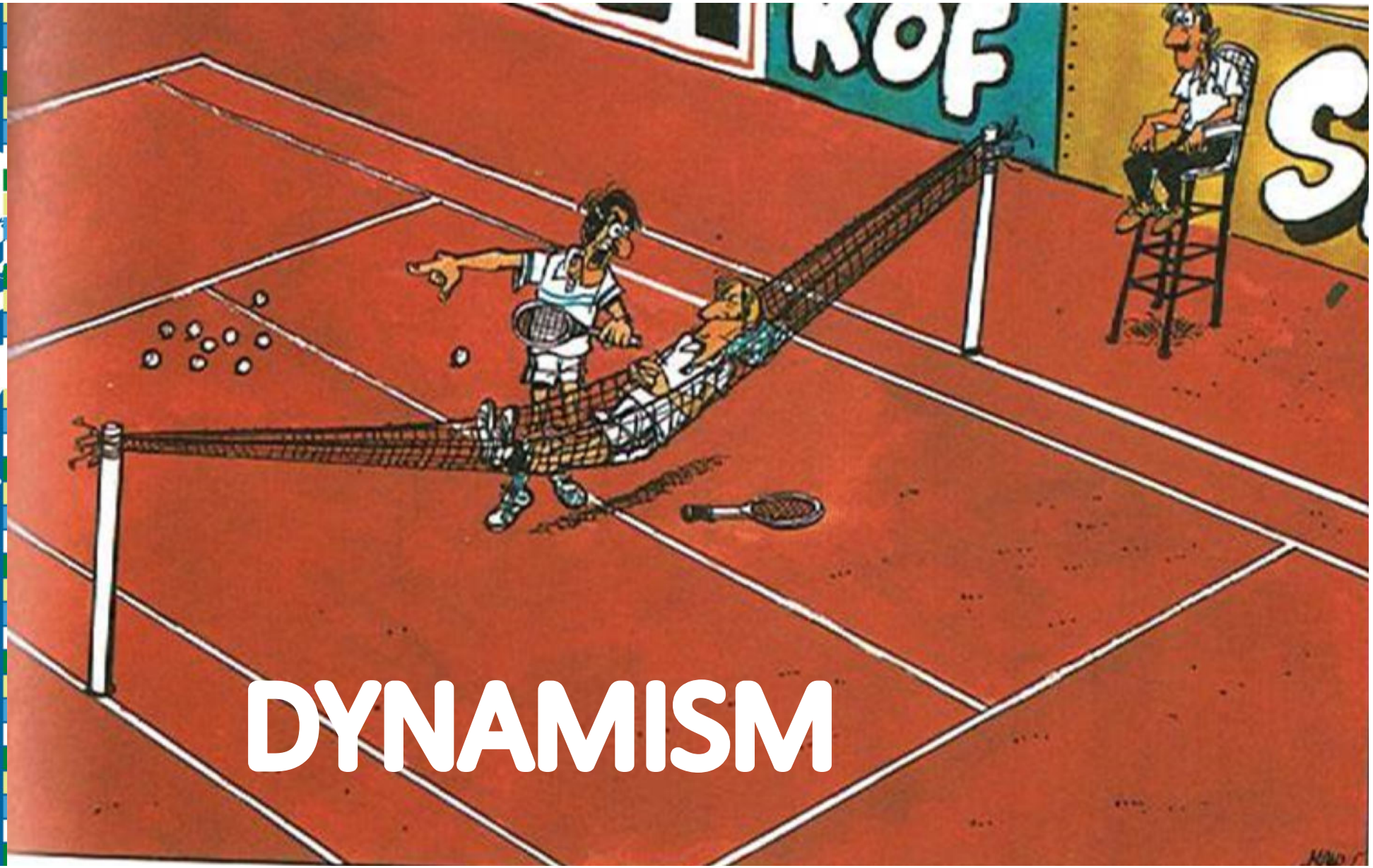
ITF Regional
Coaches Conference
by BNP Paribas
2016
BNP PARIBAS
The bank for a changing world

INSTINCT

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world



DYNAMISM

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

MENTALITY

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

INNOVATION

ITF Regional Coaches Conference

by BNP Paribas

2016

BNP PARIBAS

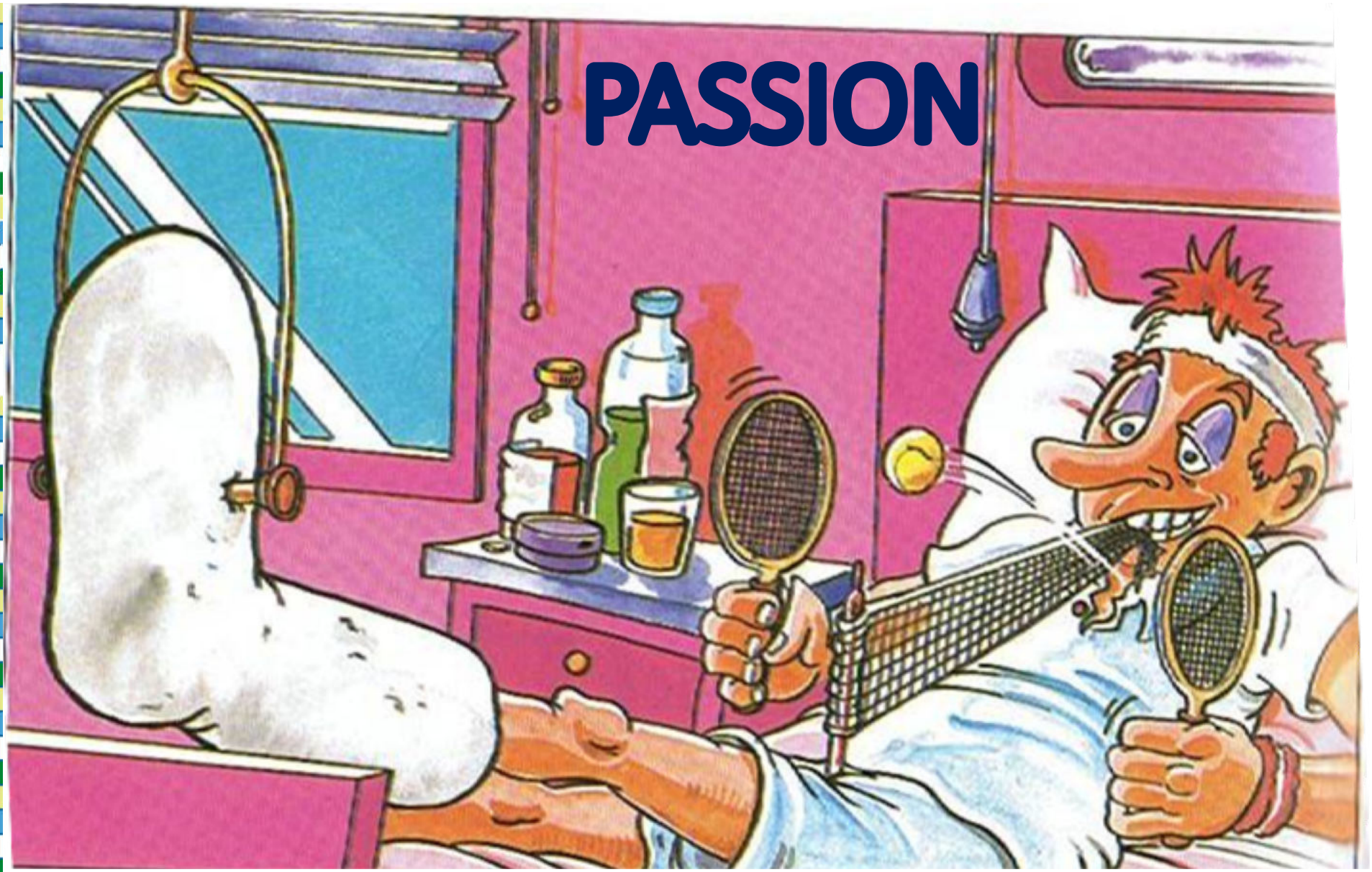
The bank for a changing world

PUTTING QUALITY INTO PRACTICE

ITF Regional Coaches Conference
by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world



Interaction
Learning
Process
METHOD
ART
PASSION
RESPECT
Long-term
A team approach is
key to success!!
Practice
Culture
Science
VALUES - ETHICS
EFFORT
HUMILITY
Performance
Big!!
FIDELITY
People!!
IDENTITY
LOVE
Philosophy
SOLIDARITY
Charter
PROFESSION
Development
complexity

ITF Regional Coaches Conference by BNP Paribas

2016

BNP PARIBAS
The bank for a changing world

CONCLUSIONS

IF IT IS NOT YOU…WHO?

IF IT IS NOT NOW…WHEN?